



National  
Academy  
for Social  
Prescribing

## NASP webinar: Emerging Learning from Phase Two of the National Cross Government programme: Preventing and Tackling Mental Ill-health through Green Social Prescribing

Thank you for joining us. The webinar will begin shortly.



# Housekeeping

- Please note we are **recording** this webinar (*you will be sent the slides and the link to the recording, and they will be on NASP's website too.*)
- Please submit questions via the **Q&A function**. If there is time we will hold a Q&A session at the end of presentations
- Please use the **chat function** for introducing yourself and networking. If you have any technical issues, please raise these in the chat, and a member of the NASP team will assist.
- BSL Interpreters will be on screen throughout. **Closed Captions** are available (turn these on at the bottom of your screen)
- There will be a short poll at the end asking you for your feedback about the webinar.



# Overview

## Chair:

**Jules Ford** - National Cross Government Green Social Prescribing Programme Implementation Manager

## Speakers:

- **Dr. Louise Montgomery** - National Lead for the Natural Environment, NASP
- **Amanda Chambers** - Interim Deputy CEO Nottingham CVS
- **Christina Barbian** - Nottingham and Nottinghamshire GSP Programme
- **Rebecca Brooker** - Lead for Prevention & Communities, Surrey County Council



# Emerging Workforce Themes from Practitioners offering Nature-Based & Wider Social Prescribing

Dr Louise Montgomery,  
National Lead for Natural Environment, NASP



HM Government



# Theme 1 – Finance & Resource Gaps

## Challenges

- Short-term, fragmented funding leads to instability.
- Resource limitations impact staffing, training, and infrastructure.
- Complex, competitive funding models disadvantage smaller organisations.

## Opportunities

- Advocating for diversity of options available (courses and drops-ins).
- Multi-year funding models.
- Strengthening partnerships for consortium of services and funding.

# Theme 2 – Skills, Support & Training Needs

## Challenges

- Lack of standardised training and accreditation.
- Knowledge gaps in mental health and physical conditions, safeguarding, and health system.
- Limited linkage with health practitioners.
- Limited access to affordable professional development.

## Opportunities

- Creating accredited, affordable training programs.
- Expanding trauma-informed and complex social and health needs knowledge.
- Mentorship and peer learning networks.
- Reflective practice supervision with a trained health and or social care practitioner worker.

# Theme 3 – Perceptions within Nature Sector

## Challenges

- Diversity of perspectives regarding green social prescribing definitions.
- Limited visibility of nature-based social prescribing.
- Limited professional development and career pathways for nature practitioners.

## Opportunities

- Establishing a recognised professional workforce framework for nature-based social prescribing.
- Cross-sector and cross-partnership multi-disciplinary team working.
- Developing clear career pathways and progression routes.

# Theme 4 – Integration with Health & Care Systems

## Challenges

- Limited engagement between nature-based practitioners and health & care system based social prescribers
- Limited understanding of nature-based social prescribing offers within health and social care.
- High turn-over of practitioners or link workers limiting trusted relationships and mutual understanding of offers.

## Opportunities

- Enhancing awareness and education for health and social care professionals.
- Creating structured referral pathways and ongoing participant support.
- Cross-sector and cross-partnership multi-disciplinary team and system working.



**The national cross-government GSP partnership is developing materials and resources to support spread and scale of nature-based social prescribing**

**If you have any resources you would like to see, share or co-produce, please contact [greensocialprescribing@nasp.info](mailto:greensocialprescribing@nasp.info)**

**Preventing and Tackling  
Mental Ill-Health  
through  
Green Social Prescribing**



HM Government



**SPORT  
ENGLAND**

**NHS**



National  
Academy  
for Social  
Prescribing





## **Setting up a green social prescribing programme for children and young people**

**Amanda Chambers and Christina Barbian**  
**Nottingham and Nottinghamshire ICS**  
**GSP Test and Learn Site**





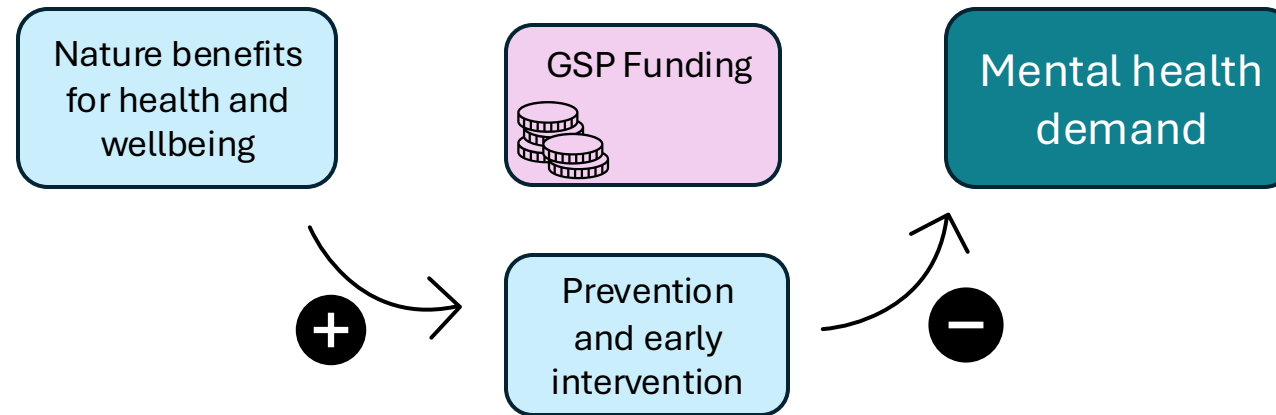
# Green in Everything

Surrey's approach to integrating nature into system activity

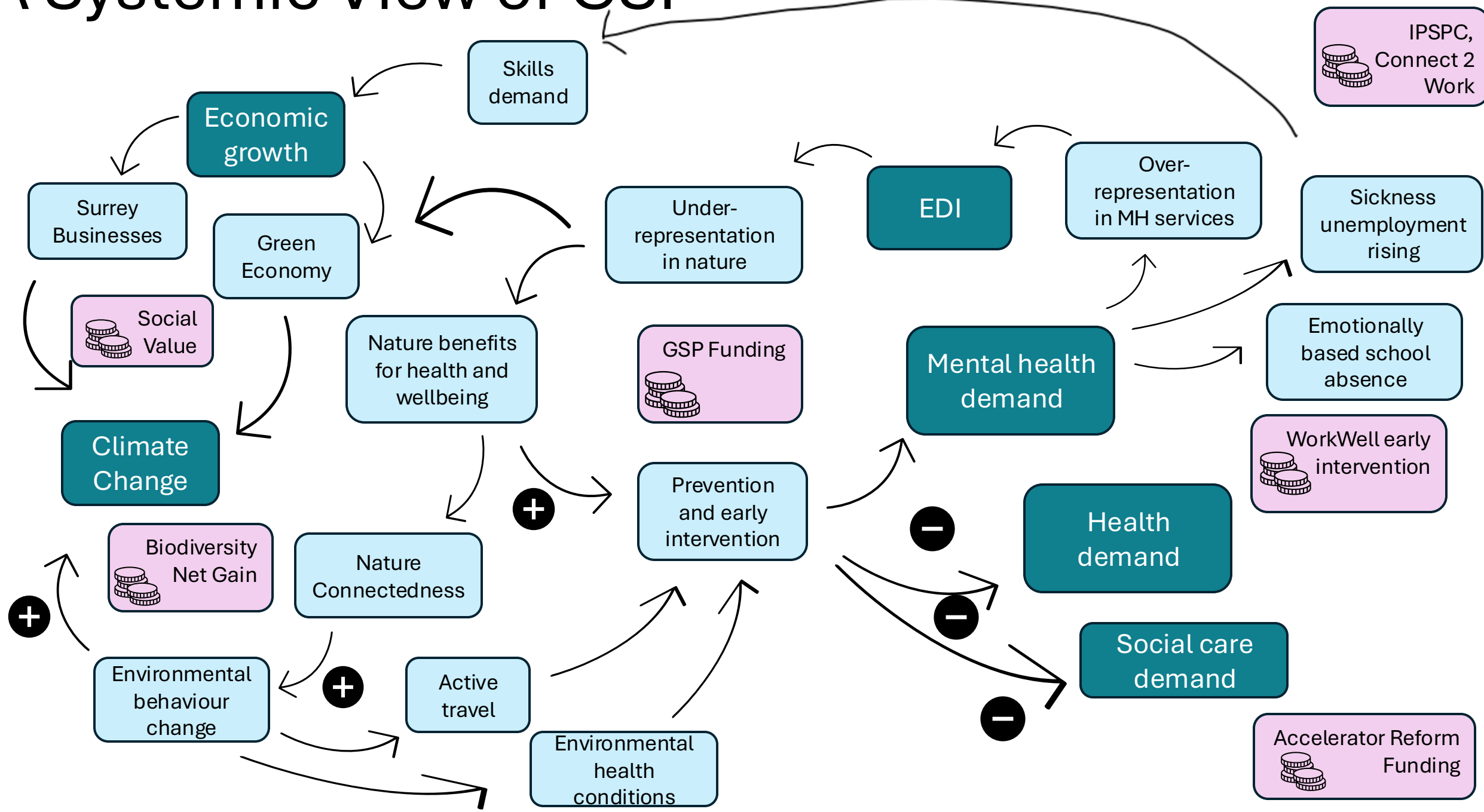
Rebecca Brooker

[rebecca.brooker@surreycc.gov.uk](mailto:rebecca.brooker@surreycc.gov.uk)

# GSP Core



# A Systemic View of GSP





**In Surrey we aim to achieve a range of cross-functional benefits across climate change, health and economic growth by:**

Using our position as a **WorkWell (DWP) pilot site**, to model the use of fit notes as a universal trigger to identify adults who may be at risk of declining health and wellbeing and offering **nature-based interventions support to return to work**.

Using our green social prescribing developments to increase **biodiversity** and modelling how we could **capture carbon offset through green health and wellbeing spaces**, so as to support the NHS Net Zero and greener future ambitions.

Using our **Accelerator Reform Funding (DHSC)** to model the use of social prescribing, including **green opportunities, for at risk adult populations including those in touch with the probation service**, and those frequently attending A&E for non-critical health needs.

Using **GSP** funding to support young people experiencing EBSA to access horticultural training opportunities, increasing their employability and **developing the skills we need to support our green economy**.

Working with our local authority contracts and the **social value** offered to secure **business support for green health and wellbeing** interventions e.g. a business-led green health and wellbeing roundtable to co-design their contribution.

Using **IPSPC** and **Connect to Work** to promote diverse recruitment into green economy roles, **increasing representation within the environmental sector**, and nature-based health and wellbeing interventions we're providing.

**Underpinned by cross-functional, cost-benefit evaluation**



National  
Academy  
for Social  
Prescribing

**Get in touch**

[socialprescribingacademy.org.uk](https://socialprescribingacademy.org.uk)



@NASPTweets



@NASP\_insta

# Q&A

