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National
Academy
for Social
Prescribing



Social Prescribing
Network

UNIVERSITY OF
WESTMINSTER



International Social Prescribing Conference

Agenda Day Two

Share your thoughts throughout the conference, using the hashtag

#ISPC2024

Supported by  access Elemental

Agenda is subject to change

**Our live & up to date agenda is available at:
internationalsocialprescribingconference.com**



International Social Prescribing Conference Agenda

Day Two: 20th June

08:30
09:20

Registration & Networking

Marylebone Campus Reception

Delegates will receive a conference pass and lanyard. Refreshments available.

09:20
10:30

Welcome and Morning Keynotes

Hogg Lecture Theatre (livestream Cayley Lecture Theatre)

Serious Laughter [Laughter Yoga Session](#)

Sian Brand [Co-Chair Social Prescribing Network, freelance consultant, national social prescribing lecturer](#)

Sir Sam Everington [GP, Vice-President of the British Medical Association, QNI Vice-President](#)

Dr Tara Mastracci [Complex Aortic Surgeon at Barts Heart Hospital. Social Prescribing Programme for the East London Cardiovascular Prevention Group](#)

Dr Mohan Sekeram [GP and Clinical lead for Personalised Care South West London](#)

10:30
11:15

Research Spotlight

Hogg Lecture Theatre

Dr Helen Seers & Dr Amy Vowler [Evaluation of Battersea Youth Clinic: A Children and Young People Social Prescribing Service](#)

Dr Abi Woodward [Understanding how carer support can be improved for Pakistani family carers through social prescribing](#)

Dr Julia Puebla Fortier [Working with participants who have challenging health or psychosocial conditions: The impact on creative health facilitators and implications for social prescribers](#)

Nicola Platt [IMPACTAgewell® Action Research](#)

Involving Communities in Social Prescribing

Cayley Lecture Theatre

Dr Olivia Engle [Senior Evidence and Evaluation Specialist, NASP](#)

Dr Nadia Bashir [Sheffield Hallam University](#)

Professor Chris Dayson [Sheffield Hallam University](#)

Professor Martin Webber, [University of York](#)

Zoyah Darnall [Wellbeing](#)



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11:15
11:30

Break & Networking

Delegates will have the opportunity to explore poster presentations, micro activities and visit exhibitors.

The impact of social prescribing on CYP mental health and wellbeing

Hogg Lecture Theatre

Liza Jarvis National Lead CYP Social Prescribing, StreetGames UK

Charlotte Leonhardsen Programme Manager, Social Prescribing & workforce lead, NHS GM

Benedict Lejac Senior Policy Advisor for Mental Health and Wellbeing, Barnardo's

Professor Andy Smith Edge hill University Professor of Sport, Physical Activity and Mental Health Director

Caitlin Muhl Co-lead of the Canadian Social Prescribing Student Collective, PhD candidate in Health Quality at Queen's University.

Dr Dan Hayes Senior Research Fellow, UCL

11:30
12:15

Advancing Innovation in social prescribing to support access

Cayley Lecture Theatre

Sir Muir Gray Nuffield Department of Primary Care Health Sciences, University of Oxford, Exec Director, Oxford Centre for Triple Value Healthcare, and Director of Better Value Healthcare. Adviser to Public Health England and Chair of the NHS Social Care Digital Service.

Adeline Kwan SingHealth's Assistant Director, Office of Community Engagement, Singapore

Nils Fletje Technical Officer, Behavioural and Cultural Insights Unit, WHO Regional Office for Europe

Helen Smith Head of Partnerships, Access Elemental

Lauren Woods Digital & Technology Navigator, Tewkesbury Borough

Prof. Ian Tucker Professor in Psychology, UEL



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Increasing equity of access to social prescribing; Reducing health inequality

Hogg Lecture Theatre

Sian Brand Chair of Social Prescribing Network, freelance consultant national social prescribing lecturer

Gay Palmer Social Prescriber Link Worker Team Lead, Southwark Primary Care Network, NASP Trustee

Debs Teale Trustee at the National Centre for Creative Health, Social Prescribing Network Member and Creative Health Advocate

Jeremy Simmons Policy and Programme Manager, Faith Action

Lisa Creagh Artist, activist, producer and founder of The Holding Time Project

12:15
13:00

Breaking out of primary care; A whole system approach

Cayley Lecture Theatre

Monica Boulton Healthcare Integration Lead, NASP

Richard Clinton Delapré Abbey Preservation Trust

Jenny Hartnoll Health Connections Development Lead, Frome Medical Practice

David Robinson Consultant Geriatrician, Co-chair of the social prescribing Irish network

Prof Kheng Hock Lee Senior Consultant of the Department of Family Medicine, Singhealth, Singapore

Sarah Gorman CEO, Edberts House, Gateshead

Did you know?

We also have a dedicated Quiet Zone, designed to offer you a peaceful retreat from the hustle and bustle of the conference. The space will be open throughout the conference, so whether you need a brief escape or a longer break, our Quiet Zone is here to support your wellbeing.

Room M216



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Lunch

Rapid Research Review:
Room M207 (13:00 - 13:30)

Georgina Byrne-Watts [The Life Rooms Interoperability Project](#)

Dom Higgins [A rapid economic assessment of the Wildlife Trusts' Natural Health Services](#)

Amadea Turk - [A meta-ethnography of the factors that shape link workers' experiences of social prescribing](#)

Anita Jensen - [The impact of Arts on Prescription on individual health and wellbeing: a systematic review with meta-analysis](#)

13:00
14:00

Workshop: Ahead the Game, the power of the badge to support CYP mental wellbeing.
Room M212 (13:30 - 14:00):

Explore how Movember and Rugby League Cares have been working together to delivering the Ahead of the Game programme across communities and schools equipping young people in how to talk about mental health, get help when needed and overcome life's challenges. Here about the impact of the programme and the evidence from UK and overseas.

Breakout: Addressing social determinants through maternity health justice partnerships
Room M207 (13:30 - 14:00)

This session will explore how improving access to legal advice through maternity services supports women and families and will address the Gendered Nature of Poverty through a Health Justice lens, of why we need to focus on one of the most vulnerable periods in women's lives

14:00
14:45

Afternoon Keynote

Hogg Lecture Theatre (Livestream Cayley Lecture Theatre)

Sir Michael Marmot [Professor of Epidemiology at University College London, Director of the UCL Institute of Health Equity, and Past President of the World Medical Association.](#)

14:45
15:00

Break & Networking

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Data and Demand: Working with clinical approaches to evidence demand and efficacy

Hogg Lecture Theatre

Marcello Bertotti Public health, development of conceptual and policy research on urban disadvantaged areas, UEL

Joëlle Bradly Deputy Director of Evidence and Impact, NASP

Beth Rielly and Gemma Jenkinson Personalised Care, Kirklees Council

Tim Anfilogoff Head of Community Resilience at Herts Valleys CCG, and NHS England's Social Prescribing Regional Facilitator for the East of England

Anant Jani Research Fellow at the Heidelberg Institute for Global Health in Germany and the University of Oxford

15:00
15:45

Unlocking the potential of prevention based approaches

Cayley Lecture Theatre

Dan Hopewell Director of Knowledge & Innovation, Bromley by Bow Centre

Dr Amrita Jesurasa Consultant in Public Health, Public Health Wales

Sophie Wickham Institute of Population Health Science, University of Liverpool

Laura Arrowsmith Senior Project Officer, Health Justice Partnerships

Dr Katie Coleman, Clinical director of social prescribing regional programme in London, London Health Inequalities & Inclusion

Prof. Mary Lynch Lead of Social Prescribing Evidence Hub (SPEH) in Ireland, Executive Vice Dean for Research, RCSI

15:45
16:00

Break & Networking

Delegates will have the opportunity to explore poster presentations, micro activities and visit exhibitors.

16:00
16:50

The Future of Social Prescribing

Hogg Lecture Theatre (Livestream Cayley Lecture Theatre)

Performance by Medical Students, Champions of Social Prescribing

Charlotte Osborn-Forde CEO, National Academy for Social Prescribing (NASP)

Dr Marie Polley Director of Meaningful Measures, Senior Research Fellow UCL, SPN

Dr Michael Dixon Chair of the College of Medicine, Head of the Royal Medical Household

Duleep Allirajah Chief Executive Richmond Group of Charities, Author, Campaigner



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16:50
17:00

Reflections & Closing Speeches

Hogg Lecture Theatre (Livestream Cayley Lecture Theatre)

Moment of Self-Compassion and Mindfulness

Charlotte Osborn-Forde **CEO, National Academy for Social Prescribing (NASP)**

Sian Brand **Chair of Social Prescribing Network**

Networking & Close

17:00
17:30

Delegates will have the opportunity to network, relax, and share any final thoughts from their time at the conference.

Close of Conference

Thank you for attending the International Social Prescribing Conference